

TESTOSTERONE FOR ALL

WHY IS TESTOSTERONE IMPORTANT FOR WOMEN?

Testosterone, although often considered a "male hormone," is essential for women's health. It helps to maintain your libido, energy levels, mood, and bone density. Women naturally produce testosterone in smaller amounts, and imbalances throughout your life can lead to various symptoms.

FAQS

Why Might We Recommend Testosterone Therapy? If You Have...

- **Low Libido:** Decreased interest in sex that is not improved by estrogen therapy alone.
- **Persistent Fatigue:** Low energy levels that affect daily life.
- **Mood Changes:** Mood swings or depression that other treatments haven't addressed.
- **Muscle Weakness:** A decrease in muscle strength and an increase in body fat.

How Will Your Testosterone Be Administered?

Testosterone is typically prescribed in low doses (about 1/10 of what is administered to men!) and tailored to your individual needs, and administered through pellets, gels, creams, or injections.

What Should You Expect?

Regular monitoring by our clinic ensures that your testosterone levels remain balanced, minimizing potential side effects like changes to your cholesterol, acne or oily skin, irritability, male-pattern hair growth, or voice changes. If needed, we can always adjust your dose!

So What Can Happen When You Optimize Your Testosterone?

On testosterone therapy can expect:

- Improved libido and sexual satisfaction.
- Enhanced mood and emotional well-being.
- Increased energy levels.
- Better maintenance of muscle mass and strength.
- Improved bone density.